

ANOKA MASONIC LODGE #30 A.F. & A.M.

The first quarter of my stint in the East has not been too bad. It's been busy, but not bad. So far, most of the whispered warnings by my predecessors, "Just wait until you sit in the East..." have not come to fruition. Hopefully, things will remain this way and I will look back at my short tenure in the big chair with a smile. One thing I have experienced so far though, is a true and honest appreciation for this thing we call our Anoka Family.

I subscribe to a weekly email post written by Chris Heeter. I learned about Chris at a corporate workshop last year, where she was the anchor speaker at the end of the day. After a day of mind numbing lectures she was a nice change of pace. Chris' post is called, 'Wild at Work". She is an outdoors enthusiast who transforms her experiences in nature to everyday situations in business and life. As someone who loves the outdoors myself, I was immediately drawn to her approach.

Her post a few weeks ago, talked about being present in the moment. This stuck with me and caused me to pay attention to what is happening at our Lodge. When I sit back in a crowded room full of my Brothers, eagerly planning the next event or doing the work of the Lodge, I become overwhelmed with a feeling of true appreciation for being an officer of this Lodge during this period in our history. We truly have a lot of great things going for us and a lot of great guys getting things done. Sometimes it is good to just sit back, relax and enjoy our little moment in Anoka Lodge history and give thanks for being here in this moment.

So, I would like to share Chris' recent post. Take a moment and read this in a place where you have time to contemplate the words in her poetry. Pour yourself a cup of coffee or adult bevvie and let it sink in. The next time you come to Lodge, be present in the moment. Look and listen to what is going on around you. Take the "Wild Challenge".

Here is her post:

Wild Next Musings: Wild wellbeing means being wholehearted and present, as best you can, with what's in front of you. We can miss openings, connection, and flashes of creativity by being overly focused on what was or what may be. Healthy anticipation and planning often give way to less healthy worry and distraction.

A wild challenge? Set your intention to be more present. See how much you can notice about a co-worker, a client, a snarled situation, or a friend or family member when you give them or it your full attention. Know you will quickly and often find yourself distracted by thoughts of past and future. A deep breath, a few minutes outside, noticing what is right outside your window, or a hand to your heart can bring you back and re-focus your attention on THIS moment that is all you really can know.

None of us know each day when we wake what will be. We have our routines hear weather predictions have perhaps a sense of the likely. But we truly do not know what a day will hold. There's courage in that albeit not much of a choice.

We have the gift of animal beings to help with this paradigm of living. The wild ones and the ones that sleep on our couch: dreaming with paws twitching and whispered woofs; or a whole-hearted pounce upon on unsuspecting stuffed mouse. The rabbit zigging and zagging across open space. The bird cracking seeds with her beak. All without regard for moments that are not yet here.

We humans have the gift and burden to plan. To anticipate, to try to create security, to fret. And most often we do it with relish. And tend toward discomfort with the unknown. Which is what brings us back to the soft fur or soaring feathered reminder of belonging in the here and now. --Chris Heeter

Chris speaks to companies and associations on leadership, teamwork, diversity, and wellbeing--all with a "wild at work" philosophy. Begin the conversation, call Chris today to explore bringing her (and her dog Tuu Weh) to your organization:

763-479-3954

WM Dave Hansel Anoka Lodge #30 A.F. & A.M.

From the West

Greetings Brethren of Anoka Lodge #30,

As we return from Grand Lodge, I think of all the great things about being there. It is great to meet and greet Brothers from all over the state of Minnesota, and sometimes from other states and countries. The fellowship of the weekend is outstanding. We get to hear and vote on amendments that will affect Masonry statewide. We get to see the new Grand Master installed and set out anew on his journey as Grand Master for the year.

One aspect that I really like is the opportunity for Masonic education through workshops conducted by Grand Lodge, and the Masonic books that are available. Continuing our Masonic education is one of the things we should all strive to do as Masons. The journey toward Masonic Light is a long path, and can take many twists and turns. At Anoka Lodge, we have great resources for Masonic education. Our LEOs, both present and past are a wealth of Masonic knowledge and are always happy to recommend a book or a web site or a paper. Another great resource is the Lodge library in the dining hall.

Having helped to catalogue many of the books in the library, I know that there are books on many different subjects that would be of interest to Masons. Of course there are books on Masonic history, including several Masonic encyclopedias. There are books on Masonic philosophy both modern and historical. There are books tracing evidence of the roots of Masonry, and biographies of famous Masons. There are books with good and humorous stories, and books with special Masonic quotes and prayers. There are also books about the more esoteric and ancient mysteries o Masonry, and how Masonic philosophy can be traced back to some of these ancient and mystic ideas.

I urge each of you to take a look at the Lodge library. Read some books and learn more about this great Masonic Fraternity. Continue your journey toward Masonic Light and enjoy the journey. After all, life is not about the destination, it is about the journey. Let us make it an interesting and a good one.

Fraternally,
Lee E. Kielblock
Senior Warden







Lehmann's Power Equipment

Lawn Mowers - Riding Mowers - Weed Trimmers Snow Blowers - Garden Tractors - Chain Saws



Count on it.



763-427-9700620 East River Road - Anoka, MN 55303

Greetings from the South:

From the South, I sure wish I was in the Southern states right now I've just about had enough of this winter we've had. I'm sure a lot of you have the same feelings. Don't get me wrong I love the snow but the cold is the issue. Even if there is snow I generally venture out, but when it gets as bitterly cold as it's been I tend to hibernate. Luckily though I have been coerced out of the house this winter quite a few times despite the temperatures, and it's a good thing too or I would have missed some great opportunities for fellowship. The fellowship within our Lodge is one of the things that make us a strong Lodge, but our willingness to come to the assistance of our brothers and sisters is what really makes us an extremely strong and tight knit Masonic community.

In continuance of my brotherly love and friendship I've set up an account for the Lodge and our Masonic Family on a website called <u>www.foodtidings.com</u>. This site will allow us to set up lists and schedules for people in need of some meal assistance. I have a few such families in mind right now and as I get the lists set up I will be sending invites to you all for the different schedules. If you are not Internet savvy people don't worry I can be called with offers to assist as well. Also if you know of people that need some help around the house or with a vehicle let me know and I'd be more than happy to help get the assistance needed.

Thank you,

JW Paul Agustin





Scottish Rite

My Brothers,

As you have heard me at Lodge, the spring One-Day to Scottish Rite Masonry is set to convene. The date is May 10th and runs all day. The question is, will you be part of it? The Scottish Rite, as you know, is the "Graduate School" for receiving "further light in Masonry." The Scottish Rite is a series of 29 degrees put on in full costume, lighting and education before and after at the Minneapolis Valley over 16 Thursday nights. I am understating the fact that they are impressive and moving.

The One Day will consist of the "terminal degrees", the 4th, 14th, 18th, 30th and 32nd. This will make you Master of the Royal Secret and a member of the Scottish Rite. The day is long, but for those who cannot attend every Thursday for the fall or spring, it is a good option. At this time, I would be remiss in not encouraging you if you take this opportunity, to make sure you go back when you can and see the Degrees that you have missed.

If you have contemplated joining, I would personally invite you to print off a petition and bring it to Lodge to have two Scottish Rite members endorse your petition. There are a bunch of us around, and we would love to sign it. The cost is \$125. This will include a copy of "Morals and Dogma", and a copy of "A Bridge to Light." This is a limited-time price, and it should be noted that it does not include a ring or the cap; those are left to your own choice. Very few valleys offer this to their members. As in the Blue Lodge, petitions must be read and then voted on. That vote occurs the beginning of May.

If you have any questions, do not hesitate to contact me. I hope you will consider the offer, and join the Scottish Rite.

Yours in the Gentle Craft,

Todd A. Mayer Double Eagle – Anoka Lodge #30 Scottish Rite - SJ Valley of Minneapolis - Orient of Minnesota

FROM THE L.E.O.

Entering the Royal Observatory in Greenwich feels like travelling to the center of the world. This is the building where the dividing line between East and West (prime meridian) is set by laser measurement. Housed here are also the standard of weight and measurement for the British foot and pound. And then there is the museum of time, and instruments that to this day define Greenwich Mean Time, yet another standard used around the globe.

This visit causes me to reflect on the importance of time and measurement. In a physical sense we start our day by an alarm so that we will be on time for work. Estimate our travel by the distance to our destination. Consider our purchases by comparing cost per ounce. Everything we do refers to some reference whereby we can quantify and communicate meaning. It was with some pride that I learned the connection between the Royal Society and these universal standards by which we live. Many of the earliest speculative to join and influence our great craft were members of the Royal Society.

Without men of learning to seek answers to the questions of time, measure, and location, it would be extremely difficult for us to plan when and where to meet, and reach conclusions involving relative comparisons. We are indebted to our early speculative as forerunners to our GPS, international commerce, navigation at sea, and many other daily activities that would elsewise pose perplexing problems wrought with uncertainty.

Keep Building Brothers – and keep learning!

Quote of the month:

"The ultimate measure of man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy" — Dr Martin Luther King

Brother Rick Currier

L.E.O.

Anoka Lodge #30



Past Master's Degree March 19, 2014



Newest Master Mason David Troy



Martha Chapter Installation!!

Chaplain's Corner

Father Thomas is the Anoka Lodge Chaplain and Chairman of the Sunshine Committee. If you ir someone you know in the Masonic Family are in need of support, please contact Father Thomas (612) 702-4770







Stewards Corner

April 2nd Stated Meeting:

Home Made Meatloaf, Mashed Potato's and Corn with Brownies for Desert!

April 16th EA Degree:

Boy Scouts Fund Raiser, Spaghetti Dinner!

Brother Terrance M Schaffer

Senior Steward, Anoka Lodge #30



Selim Grotto M.O.V.P.E.R.

Greetings from Selim Grotto M.O.V.P.E.R.,

What a great time we had in March. First there was the dinner at Claddagh in Maple Grove. 36 Prophets and their wives attended and it was a great time. Also in March, we had our Baked Potato dinner at the Lodge. I hope some of your attended and enjoyed the potatoes, because we enjoyed making them for you. Those Prophets of Selim Grotto do know how to have a good time in the Master Mason's playground.

This month in April, the meeting is moved to April 11th because of Grand Lodge. This month we will be enjoying jambalaya for dinner, prepared for use by Past Monarch Todd Mayer. It is always a tasty treat. And as the Grotto is family friendly, we will be having a Root Beer Tasting after the dinner. Bring your whole family including the kids! We will have a great time tasting and rating the different root beers.

And if you want a fun adult only event, put the first Friday in May on your calendar. Selim Grotto will be having a wine tasting event that was great fun last year.

If you want more information about Selim Grotto, please visit our website at www.selimgrotto.com. We would love to have you join us as a Prophet of the Mystic Order Veiled Prophets of the Enchanted Realm. I look forward to sharing the good fellowship of the Grotto with you and your families.

All for the Realm!

Prophet Monarch Lee Kielblock Selim Grotto M.O.V.P.E.R.



Eastern Star

Greg and I would like to personally thank everyone who attended our Installation and the wonderful sisters and brothers who said "yes" when we asked for their assistance. Our theme will be Life is good and our fun symbols are grapevines and light houses. We hope that you will join us as we "wine'd" our way around Minnesota and highlight the many light houses in the country.

Upcoming events:

- April 3 Our first Stated meeting
- April 17 Honoring our Past Worthy Matron Jane and Past Worthy Patron Wayne LaMasuga
- May 1 (Dark Grand Chapter)
- May 15 Honoring our Mothers and Sisters
- May 29 5th Thursday Social

Jane and Wayne

Be sure to attend our April 17 meeting where we will be honoring our Past Worthy Matron Jane and Past Worthy Patron Wayne LaMasuga for the wonderful job they did in 2013-2014.

Grand Chapter

The Grand Chapter's One Hundred Thirty Sixth Session will be held on May 1, 2, and 3 at the River's Edge Convention Center in St. Cloud. Contact our secretary, Julia Tollgaard at

martha132anoka@gmail.com for registration, meals, and other social information. The due date for registration is April 10th but try to have it in by the April 3rd meeting.

Calling all Mothers and Sisters

We will be honoring all mothers and sisters at the May 15 meeting.

5th Thursday Social

This event is open to all members and their family. Details will be in the next issue on where the chapter will be having dinner (or check it out on our website/Facebook).

<u>Just a reminder</u>...in order to keep our mailing costs down, we are encouraging members to sign-up for

email. Email is by far the most <u>inexpensive</u> form of communication. If you currently are receiving chapter information by email, thank you. If you wish to receive information by email, please contact our secretary, Julia Tollgaard <u>martha132anoka@gmail.com</u>.

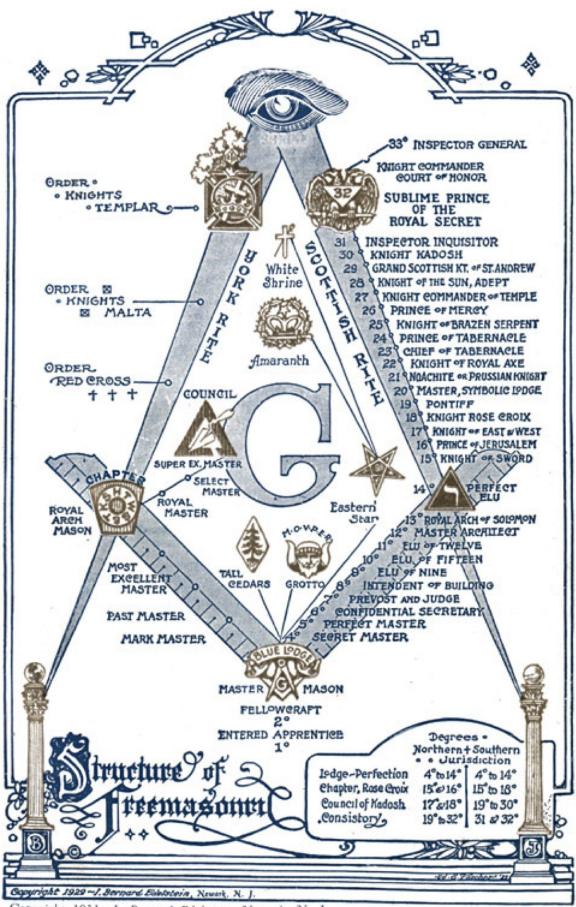
Don't forget to check us out on Facebook – Martha Chapter #132 OES and on our website http://anokaoes.org.

Goody and Greg Vokovan

Write a Letter to Brother Nick Kingdon!



Pvt. Nicholas Kingdon 194th AR BDE, 1-81 AR B Company, 2nd Platoon Fort Benning, GA 31905



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